**PDSA Worksheet**

**BACKGROUND:** What led you to start this project? Is this cycle a continuation of another cycle? Why is this topic relevant? Include any baseline data that has already been collected. Include relevant information from literature.

**PLAN**

**Aim/Objective** **Statement** for this cycle: What do you hope to learn? What are you trying to improve (aim), by how much (goal) and by when (timeframe)?

Specific questions to address in this cycle:

1.

2.

3.

**Predictions/Hypotheses** (What do you think will happen?)

**Plan for change/test/intervention**

* Who (target population):
* What (change/test):
* When (dates of test):
* Where (location):
* How (description of plan):

**Measures** (What will you measure in order to meet your aims? How will know that a change is an improvement? Will you use outcome or process measures?)

**Plan for data collection**

* + Who (will collect):
  + What (measures):
  + When (time period):
  + Where (location):
  + How (method):

**DO:** Carry out the change/test. Collect data.

Note when completed, observations, problems encountered, and special circumstances. Include names and details.

**STUDY:** Summarize andanalyze data (quantitative and qualitative). Include charts, graphs. How does the data represent your target population?

**ACT:** Document/summarize what was learned. Did you meet your aims and goals? Did you answer the questions you wanted to address? How do these answer impact your universal/targeted strategies? List major conclusions from this cycle.

1.

2.

3.

Define next steps. Are you confident that you should expand size/scope of test or implement? What changes are needed for the next cycle?

1.

2.

3.