



Help Your Child Succeed in Preschool and Kindergarten

Build the Habit of Good Attendance



Did you know?

Showing up on time, every day possible, is important to your child's learning and well-being from preschool forward.

Missing 10% of school (2 days each month) can make it harder to:

- Gain early reading and math skills.
- Build **relationships**.
- Develop good attendance habits.

Preschool and kindergarten have many benefits!

- The routines your child develops will continue throughout school.
- Regular attendance helps your child **gain confidence, delight in learning** and make **new friends**.



What you can do

Work with your child and their teacher to develop your child's strong attendance.

Talk about it – sing about it – make it an adventure!

- Set a **regular** bedtime and morning **routine**.
- Lay out clothes and pack backpacks **the night before**.
- Share ideas with **other parents** for getting to school on time.

Before the school year starts

- Find out what **day school starts** and begin a countdown!
- Make sure your child has the **required immunizations**.
- Attend orientation with your child to **meet teachers** and **classmates** and find out about health and safety procedures.

Ready, Set, GO!

- If you are concerned your child may have a contagious illness, **call** your school or health-care provider **for advice**. Ask for resources to continue learning at home.
- Ask family members or neighbors for assistance **if you need help**.
- Try to schedule **nonurgent medical appointments** and extended trips when school is not in session.
- **If** your child seems **anxious** about going to school, **talk to the** teacher, program director, your doctor or other parents **for advice**. Make sure the program is a good fit for your child.