

### **Session 1:**

# Whole School Engagement Strategies for Reducing Student Absenteeism



AZ Secondary Cohort: Professional Learning Series

April 16, 2024





Lori Masseur
Director of Early Learning
Read On Arizona



# Welcome!



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### **Three E-Learning Sessions**

During these sessions, participants will learn how to work as a team to take a multi-tiered approach to improve attendance in their schools:

- ❖ Session I Whole School Engagement Strategies for Reducing Student Absenteeism
- Session 2 Early Intervention Strategies: Using Teams to Monitor and Identify Students in Need of Support
- ❖ Session 3 Partnering to Make a Difference





### Learning Goals for Session 1

### **Participants will:**

- Draw on whole school strategies to create
  - o positive conditions for learning and
  - o strong relationships with students and families that prevent absenteeism
- Understand what chronic absence is and why it matters
- Be introduced to the framework of multi-tiered attendance strategies that moves schools towards prevention and early intervention
- Learn effective strategies to communicate with families about attendance





### Welcome & Introductions

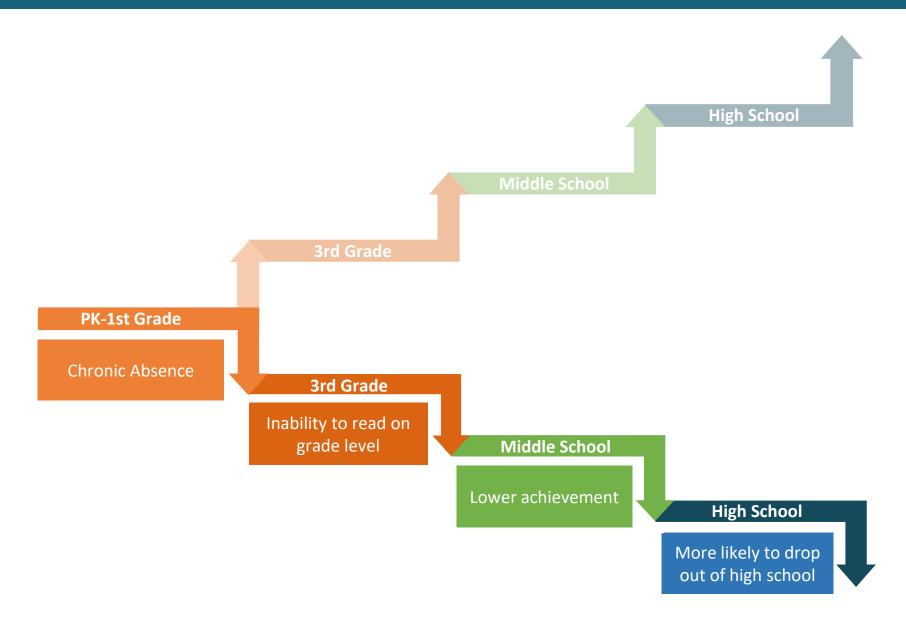
### **Use the Chat and share:**

- √ Your name and role
- √ Your school and district
- √ Who or what motivated you to attend school every day?



### **Overview of Chronic Absence**

### **Improving Attendance Matters**



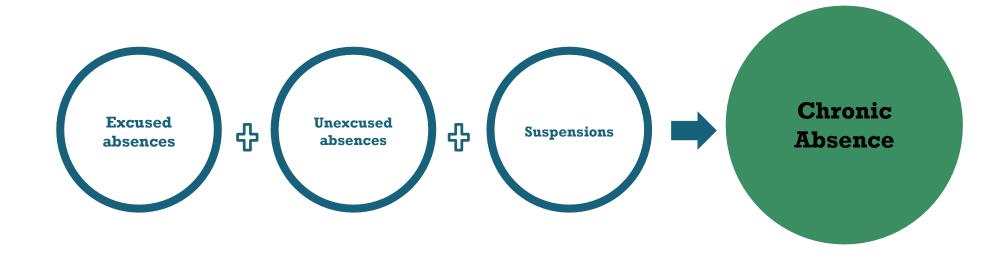




# What is chronic absence?

Chronic absence is missing so much school for any reason that a student is academically at risk.

Chronic absence is defined as missing 10 percent or more of school for any reason.

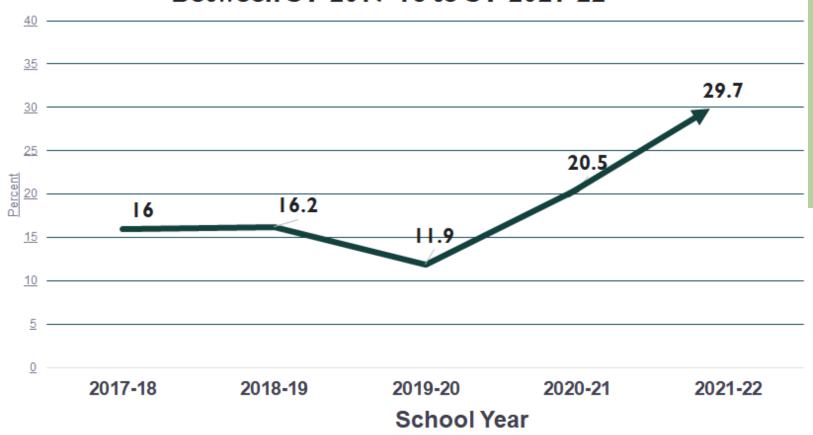


Chronic absence is different from truancy (unexcused absences only) or average daily attendance (how many students show up to school each day).



### **National Chronic Absence Crisis**

# Percentage of Students Chronically Absent Nearly Doubled Nationwide Between SY 2017-18 to SY 2021-22

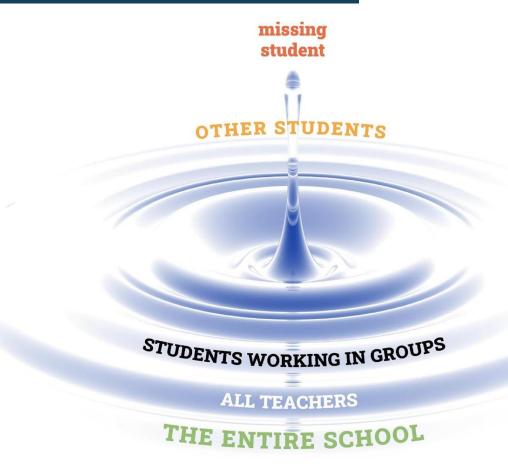


- √ The number of chronically absent students grew from 8,095,132 to 14,660,261.
- √ State data from 2022–23 indicate rates remain high.





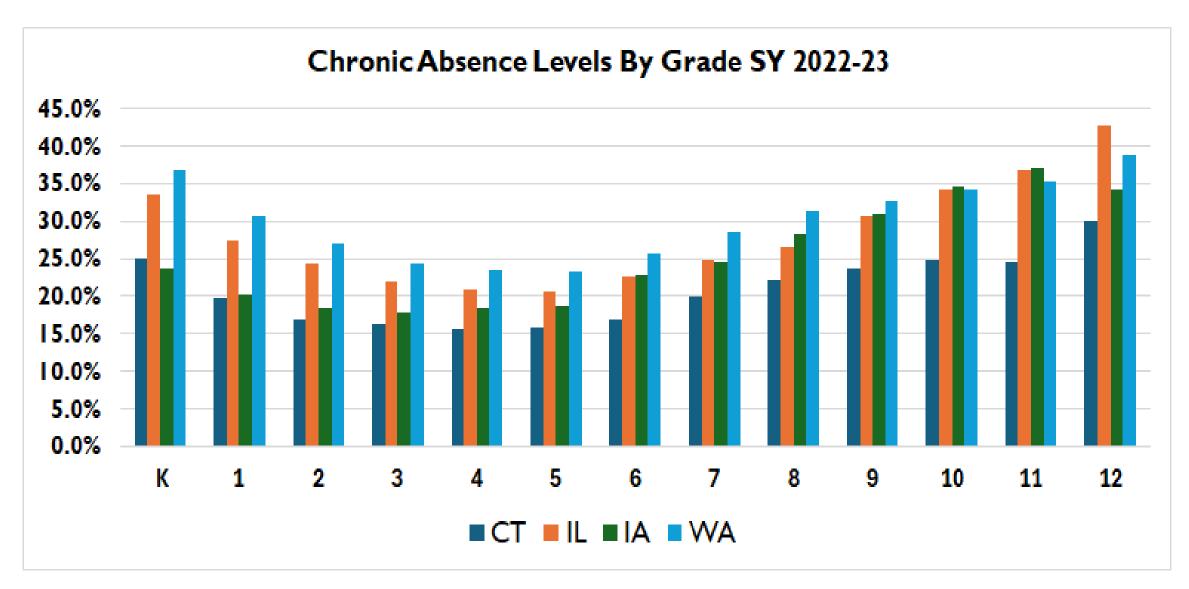
### When a Student Misses School the Impact Ripples



2 out of 3 students attend a school with 20% or more absenteeism (SY 2021-22)

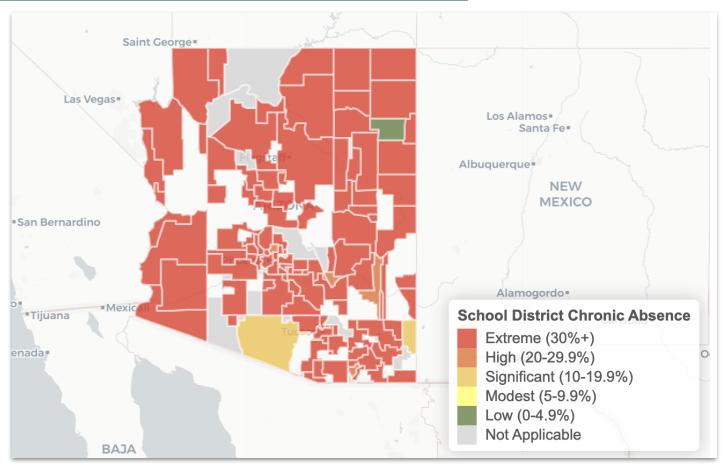


### Reducing Chronic Absence Must Begin in Kindergarten (ideally preschool)





### A Look at Attendance Data in Arizona



- I. What is your district's chronic absence rate?
- 2. Is it surprising to you? Why?

Explore the 2021-22 interactive map <u>here</u>.





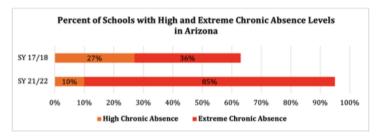
# A Look at Attendance Data in Arizona

Data Highlights Arizona in 2021-22 here.

#### **Data Highlights for Arizona**

These data highlights are based on charts for your state for school years 2017-18 through 2021-22. Finding 1 examines high (20-29%) and extreme (30% +) levels of chronic absence. Findings 2-4 focus on extreme levels of chronic absence. Finding 5 offers overall demographics. After each finding we indicate where to find the data on your data chart.

 Arizona Schools with High and Extreme Chronic Absence Increased from 63% to 95%. (See school demographics, chart 2)





Why This Matters: When 20% of students are chronically absent, it affects all students and teachers, and schools need a systemic approach and plan for improvement.

 In 2021-22, 958 (84%) of elementary schools, 211 (93%) of middle schools and 374 (86%) of high schools had extreme chronic absence. (See school demographics, charts 3a and b).



Why This Matters: Knowing which grade levels are affected by chronic absence is important because strategies should be tailored to student's varying realities. Efforts to improve attendance for younger students must have a strong family engagement component. At the secondary level, it is important to recognize and respect youth agency and voice.



EVERYONE SEGRADUATES

Page 1 of 3



# What is the relationship between absences & gaps?

# Chronic absenteeism is a *leading* indicator and a *cause* of educational disparities



### What's the difference between ADA, truancy & chronic absence?

# Average Daily Attendance (ADA)

- School level measure (not student level)
- Notices aggregate attendance at certain point in time (e.g., half-days, holidays, bad weather)
- Masks individual student chronic absences

### **Truancy**

- ▲ Counts ONLY unexcused absences
- ▲ Emphasizes individual compliance with school rules
- Uses legal, typically more blaming and punitive, solutions

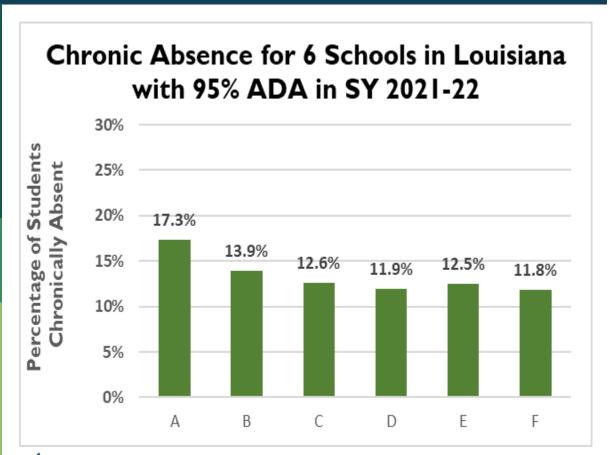
### **Chronic Absence**

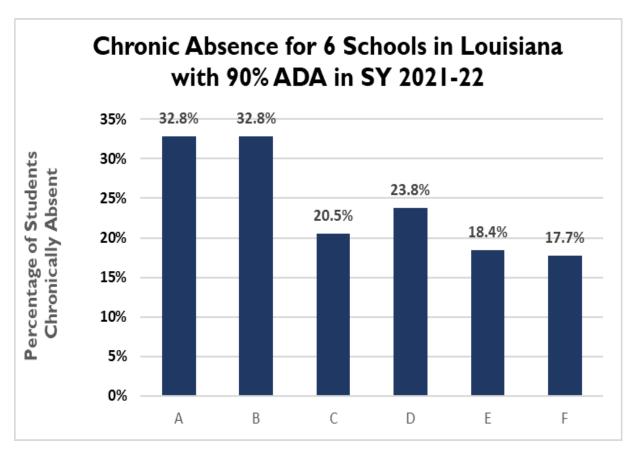
- Counts ALL absences (excused, unexcused, and suspensions)
- Emphasizes impact of missed days and the benefits of being present
- Uses preventative, problem-solving, traumasensitive strategies
- Cultivates family and student engagement



### Average Daily Attendance (ADA) Can Mask Chronic Absence









### How "Unexcused" Label Can Affect Response

Response to "Excused"	Response to "Unexcused"	
✓ Help with homework	X Denial of help or no credit for homework	
✓ Make-up exams	X No make-up exams	
✓ Home tutoring provided	X Denial of class credit	
	X Removal from extracurricular activities	
	X Send notices of truancy	
	*If unexcused absences accumulate despite earlier outreach from schools and districts, courts can:	
	> Fine students and parents	
	> Require a community service program or parenting program	
	> Charge parents with a misdemeanor	





# What attendance data are you tracking in your district or school? (select all that apply)

- a) Average daily attendance
- b) Chronic absence (all absences)
- c) Truancy (unexcused absences)
- d) Don't Know



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# The Key to Improving Attendance is a Tiered Approach



### **Pathway for Change**

Mindset

Actionable Data

Capacity

Strategies

Outcomes



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### Changing the Power Dynamics with Students and Families

Problem Focused	to	Partnership Focused
Approach family only to address a problem		Initial outreach focuses on building a relationship
One-way messaging to families		Start with listening to families; Find out hopes, dreams, assets, and needs
Focus <i>only</i> on barriers		Leverage student/family strengths to overcome challenges
Presume you have all the answers and know what is best for the family/student		Collaborate with families and encourage practices that build upon their assets and priorities

#### 5 Day Absence Notice

Dear Parent/Guardian,

We strive to improve the attendance of our students. Each minute of the school day provides opportunities for learning and when students miss, it is easy to fall behind academically. We must work together collectively to assure your student does not miss any more days of school.

Board policy requires us to notify parents when students reach 5 absences and then again when they reach 9 absences. Since the start of the school year, your student has missed at least 5 days in one or more of their classes. We are concerned that if your student continues to miss school, he/she will struggle to keep up in the classroom. Each minute of the school day provides opportunities for learning and when students miss, it is easy to fall behind academically. Also, if your student is an open enrollment student, excessive absences can put them at risk of being non-renewed for the following school year.

We do appreciate when parents call in and excuse absences for their student. However, it is important to note, that when calculating total absences in a semester, the district and state policies do not make a distinction between the types of absence; It is simply an absence, whether excused or unexcused. It is also important for your student to have all of their absences excused, as it allows them the ability to make up the work they have missed. Unexcused absences may not be given the same consideration. I have attached the Board Policy regarding attendance for your reference.

If you would like to review your student's attendance records, please visit the parent portal or download the app. If you feel there is an error in the attendance record or need help accessing it, please contact the school attendance clerk at

This letter is merely for your information and no action is needed at this time. However, if you have any questions or concerns regarding your student's absences, feel free to contact me and I will be happy to assist you in any way possible.

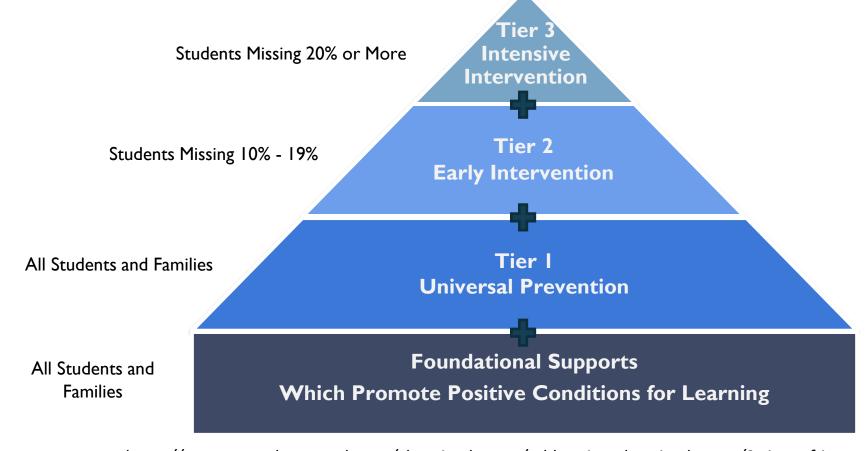
Respectfully,

#### Let's Practice!

- I. What do you like about the letter?
- I. What would you add/change to help forge a deeper partnership with families?



### Multi-tiered System of Support for Attendance





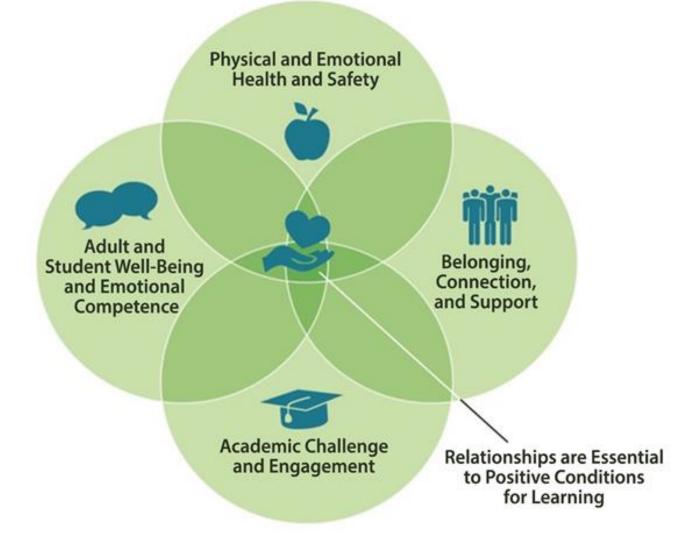
https://www.attendanceworks.org/chronic-absence/addressing-chronic-absence/3-tiers-of-intervention/

www.attendanceworks.org

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### Positive Conditions for Learning Lead to Students Being Engaged and Attending Regularly









### **Tier 1: Universal Attendance Supports**



- Clear, concise and consistent communication about schedules and expectations
- Routines, rituals and celebrations related to attendance and engagement
- Personalized, positive communication to families when students are absent
- \* Recognition of good and improved attendance
- Impact of attendance on whole child widely understood
- Connection to a caring adult in the school
- Every child and their family encouraged to develop a success plan that includes attention to attendance



### **Tier 1 Example: Universal Attendance Supports**



# Relationships Bright Spot



A school district in southern AZ leverages afterschool programs and extracurricular activities to support improved attendance. School counselors are working to identify those students not involved in after school programs.

### <u>Tier 2</u>: Early Interventions Layer in Support and Remove Barriers to Attendance

- Tier 3
  Intensive Intervention

  Tier 2
  Early Intervention

  Tier 1
  Universal Prevention

  Foundational Supports
  Which Promote Positive Conditions for Learning
- Common community and school barriers identified and addressed
- Individualized student success plan that includes attention to attendance
- ❖ Attendance strategies added to IEP
- Family visit
- Mentors (e.g., Success Mentors, Peer Group Connections)
- Intensive tutoring
- Check-In/Check-Out (CICO)
- Expanded learning opportunities
- Small group interventions and supports for students
- \* Restorative alternatives to discipline and suspension
- Watch: <u>Webinar</u> from the National Center on PBIS & Attendance Works
- Read: Family Engagement Impact Study from Learning Heroes



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# <u>Tier 2 Example</u>: Early Interventions Layer in Support and Remove Barriers to Attendance



DEF Unified School
District requires that all
teachers make and log a
connection with
each student's family
to share positive
experiences with them.
This strategy is tied to
teacher incentive pay.





- Educational support champions / advocates
- Interagency case management
- Housing stability supports
- Student attendance review board
- Community-based, non-criminal truancy court
- Individualized learning and success plan leading to graduation
- Legal Intervention (as a last resort)



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### **Tier 3 Example: Intensive Interventions**



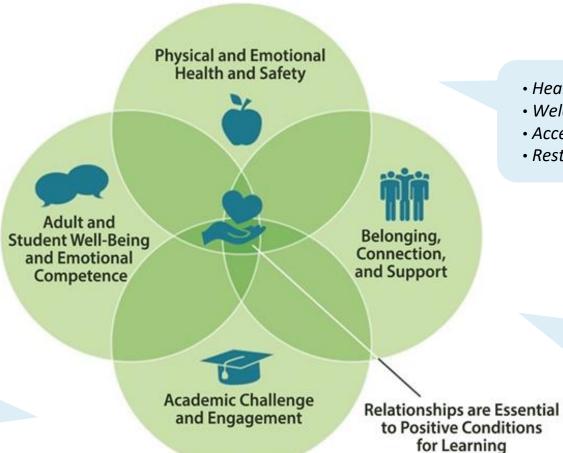
All local community partner is supporting a local district to address chronic absence through a leadership development program for parents and leaders.

### Positive Conditions for Learning Lead to Students Being Engaged and Attending Regularly



- Restorative check-ins
- Access to health care & mental health supports
- Trauma-informed practice
- Staff self-care

- Access to tech & internet
- Learning supports
- Project-based learning
- Credit recovery opportunities
- Internships/community service
- Alternative scheduling options



- Healthy learning environments
- Welcoming, safe school climate
- Access to food & other basic needs
- Restorative circles

- Active student & family engagement
- Advisories/meetings to build community
- Enrichment & clubs
- Positive peer connections

Attendance Works ©



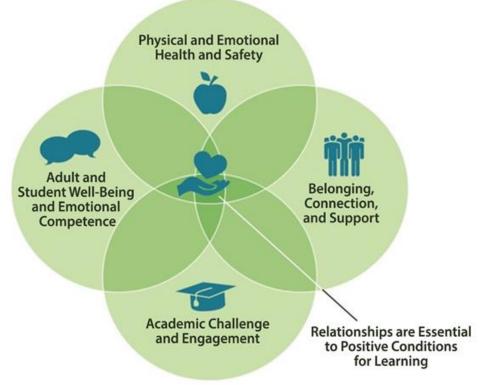
### What promotes positive conditions for learning?





### Reflection

### How did the video illustrate positive conditions for learning?





# **Conditions for Learning: Belonging, Connection and Support**

### What challenging and positive conditions exist in your school?

### **Challenging Condition**

- ☐ Limited support provided
- ☐ Weak relationships between students and staff
- ☐ Negative peer relationships

### **Positive Condition**

- ☐ Meaningful connection to adults in the school
- ☐ Adults emotionally attuned to students
- ☐ Care and inclusivity
- ☐ Cultural respect and responsiveness
- ☐ Positive peer relationships
- ☐ Equitable, effective and available support



**AIR** 

### **Small Group Discussion**

### **About your school:**

- In your experience, what creates a sense of belonging, connection and support in your school?
- How do you reach students and families who've been disconnected?



#### **Ground Rules**

- Turn on your video camera
- Briefly introduce yourself
- Create space for everyone to speak (and use the chat to express ideas)
- The person whose first name is closest to the letter "A" should facilitate



## Small Group Discussion: Padlet

## How to post on a Padlet bulletin board

- I. Once Zoom breakout rooms are created, locate your group #
- 2. Open this Google doc and click on the link for your group #

  https://docs.google.com/document/d/IIrboD2EMTMEsLB o-uNwvcDglyYtAN2Z-4UXIWLc2nfM/edit?usp=sharing
- 3. Create a new post by clicking on the plus sign + on the bottom right corner
- 4. You can also comment on & react to someone else's post

### **About your school:**

- In your experience, what creates a sense of belonging, connection and support in your school?
- How do you reach students and families who've been disconnected?







## Share in Chat:

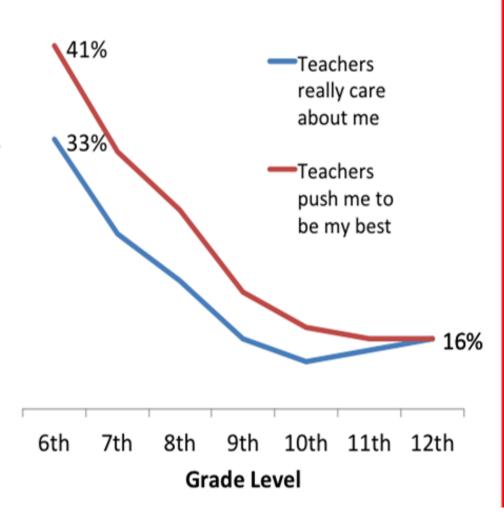
What is a strategy you've heard about today that you'd like to strengthen or adopt?



# Relationships are Essential at Every Level of Intervention

## **Relationships with Teachers Decline**

Younger students are more likely to report that their teachers care and challenge them compared to older students.



What do students say about their relationships with adults?

Search Institute: What We're Learning about Developmental Relationships









GRADES K-12

School Administrators

CAPACITIES PROMOTED

Relationship-building; Student confidence; Shifting school non

#### **KEY ELEMENTS**

- ✓ See all students at-a-glance
- ✓ See who is well supported and who need supports by adults.
- ✓ Connect all students to at least one school adult



## Re-establish Routines & Rituals

- I. Daily Wellness Check (e.g. Zones of Regulation, Mood Meter)
- 2. Whole Group Greeting (e.g. Go-around Questions, Circle Games)
- 3. Mindfulness/Grounding Exercises (e.g. Collective Breath)
- **4. Greetings at the Door** (e.g. Smile, Call person by name)



Starting Each Class With a Warm Welcome: <a href="https://www.edutopia.org/video/starting-each-class-warm-welcome">https://www.edutopia.org/video/starting-each-class-warm-welcome</a>
Making Connections With Greetings at the Door: <a href="https://www.edutopia.org/video/making-connections-greetings-door">https://www.edutopia.org/video/making-connections-greetings-door</a>





### **Evidence-Based Programs**

#### **Relational Home Visits**

- √ Goal is to create positive relationship between educators and parents before any issues arise
- ✓ Example of model programs:

  Parent Teacher Home Visits

  <a href="http://www.pthvp.org/what-we-do/pthv-model/">http://www.pthvp.org/what-we-do/pthv-model/</a>
- ✓ Learning Engagement and Attendance Program (LEAP) Home Visit <a href="https://portal.ct.gov/-/media/SDE/Chronic-Absence/LEAP/The-LEAP-Effect.pdf">https://portal.ct.gov/-/media/SDE/Chronic-Absence/LEAP/The-LEAP-Effect.pdf</a>

### **Mentoring**

- ✓ Goal is to create positive connection between mentor and student(s) to support student success in school
- ✓ Example of programs: MENTOR, Peer Group Connections, Success Mentor
- ✓ Virtual options for different age groups, <a href="https://www.mentoring.org/virtual-mentoring-portals/">https://www.mentoring.org/virtual-mentoring-portals/</a>



## Resources for Intentional Relationship-Building

How to Guide Relationship Mapping guide
 https://mcc.gse.harvard.edu/resources-for-educators/relationship-mapping-strategy

2x I 0 Relationship Strategy Bank
 https://www.scoe.net/media/e4olyyjr/sesion 2 relationship strategy bank.pdf

 Edutopia – Relationship Building from Day I <a href="https://www.edutopia.org/article/relationship-building-day-I">https://www.edutopia.org/article/relationship-building-day-I</a>

Search Institute - Relationships Framework <a href="https://searchinstitute.org/resources-hub/developmental-relationships-framework">https://searchinstitute.org/resources-hub/developmental-relationships-framework</a>



# Strategies and Tools to Communicate About Attendance



# Forging Partnerships with Families to Support Engagement and Attendance

- ✓ Engage in two-way, supportive communications about attendance and engagement throughout the school year
- ✓ Provide tailored, personalized and caring messages to students and families who are chronically absent
- ✓ Offer actionable steps to improve attendance
- ✓ Make sure families receive updated health guidance, resources to meet basic needs as well as as support for learning at home





# Utilize Research about Effective Attendance Messaging to Improve Your Communications

### I. Readable

- Fewer words
- Accessibility: Flesch-Kincaid readability test
- Skimmability: bullets, format reinforces message

## 2. Programmatic

- Planned (personalized to audience)
- Timely
- Routinized
- 3. Easy to locate and multiple modes





Todd Rogers@hks.harvard.edu

## Treasure Hunt!

Go to the Attendance Works website, www.attendanceworks.org and find:

- ☐ Handouts for Families (hint: there more than one!)
- → Back-to-School Letter
- ☐ Student Attendance Success Plans and Help Bank
- ☐ Showing Up Matters for R.E.A.L. toolkit
- ☐ Health Handouts
- Messaging resources for Holidays, Winter, Spring
- ☐ Attendance Awareness Campaign sign-up form





## Developing a Communications Plan

### **Identify Your Audience:**

- Students
- Families/caregivers
- Teachers
- Community partners
- √ What does each group need to know?
- √ What do you want them to do?
- √ How will you communicate it?

Communications Tips: <a href="https://www.attendanceworks.org/resources/transition-guide/communication-tips-for-your-transition-attendance-plan/">https://www.attendanceworks.org/resources/transition-guide/communication-tips-for-your-transition-attendance-plan/</a>

Strategies for Connecting with Students & Families: <a href="https://www.attendanceworks.org/wp-content/uploads/2019/06/Strategies-for-Connecting-with-Students-and-Families-rev-8-27-20.pdf">https://www.attendanceworks.org/wp-content/uploads/2019/06/Strategies-for-Connecting-with-Students-and-Families-rev-8-27-20.pdf</a>

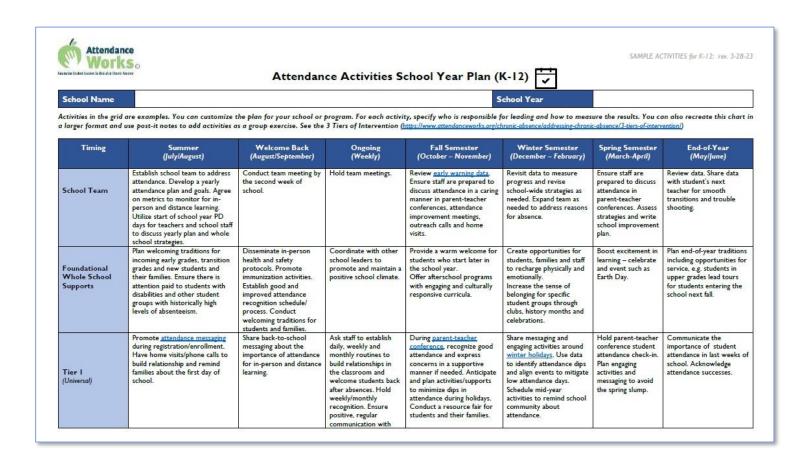


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## **Year-Round Planning**

### Plan activities and events that keep a focus on improving attendance all year long.

- See sample activities for PreK, K-12 and district teams
- Use blank calendars to customize the plan for your community
- Remember to specify who is responsible for leading and how to measure the results



https://www.attendanceworks.org/resources/year-long-planning/







- ✓ Download our free social media materials and share with local districts
- ✓ Proclaim September Attendance Awareness Month building off our sample proclamation
- ✓ Join our listserv: 44,000+ members

Sign-up for updates:

www.awareness.attendanceworks.org





## Arizona Resources



- The 74
- Education Forward
   Power Hour
- KTAR News Report
- Flagstaff Unified
   School District



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  - o strong relationships with students and families that prevent absenteeism
- Understand what chronic absence is and why it matters
- Be introduced to the framework of multi-tiered attendance strategies that moves schools towards prevention and early intervention
- Learn effective strategies to communicate with families about attendance





## **Evaluation Survey**

## Please let us know how we can improve:

https://app.upmetrics.com/data\_collector/ckf2oltbqlt8k0759tfdbfybj

## Thank you!





## Questions from the Audience







Gisela Ariza, Associate Director of Programs gisela@attendanceworks.org

Helen Duffy, Senior Fellow helen@attendanceworks.org



## About Us

Attendance Works advances student success and closes equity gaps by reducing chronic absence. Operating at the local, state, and national level, Attendance Works:

- √ Advances better policy
- √ Nurtures proven and promising practice
- ✓ Promotes meaningful and effective communication
- √ Catalyzes needed research

Since our launch in 2010, we have become the nation's "go-to" resource for improving student attendance. To learn more, visit our website: <a href="https://www.attendanceworks.org">www.attendanceworks.org</a>



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## Resources

## Toolkit: Showing Up Matters for R.E.A.L.

### It is an opportunity to...

## **✓** Build Routines

Daily attendance routines can reduce stress and create a sense of safety and security especially after chaotic transitions.

## ✓ Increase Engagement

Being in school helps build relationships with peers and school staff that nurture engagement.

## **✓** Provide Access to resources

Schools provide access to meals, health and mental health services, tutoring, mentoring, technology, extracurriculars (sports, clubs, music, etc.), afterschool and summer programs.

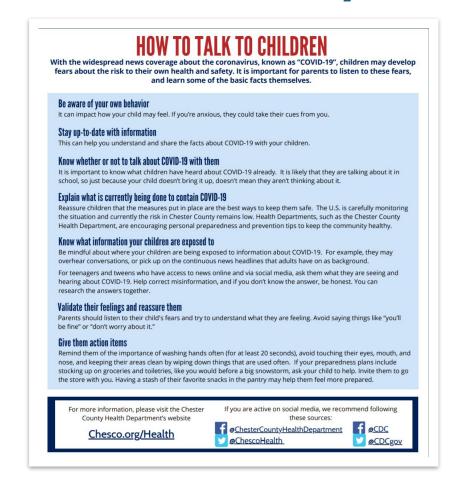
## √ Support Learning

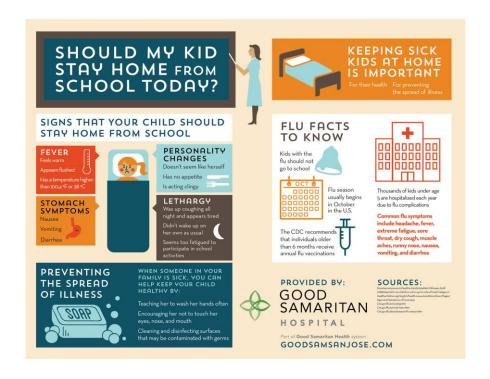
Showing up to school regularly helps students become proficient in reading and math and graduate from high school.



## Let's Practice.

## Which of these flyers aligns with research? Why?





Example A

Example B



## **Better Truancy Notifications**

- ✓ Started with positive language and moved punitive language to the end
- √ Fewer words
- ✓ Written at 5<sup>th</sup> grade reading level
- √ Formatted to help readers skim
- ✓ Makes connection between absences and achievement

We need your help. [STUDENT NAME]'s absences from school are concerning, and your partnership is critical. Students who miss just one or two days of school each month can fall seriously behind.

[STUDENT NAME] is now "truant" because [SHE/HE] missed school (or was more than 30 minutes late) without a valid excuse on:

Thursday, September 12, 2015 Thursday, September 19, 2015 Thursday, September 27, 2015

Being absent can lead to doing poorly in school. Students who miss many days of school are more likely to:

- · Fail their classes
- · Drop out from high school
- Have poor relationships with parents and teachers

We are required by [STATE] law to send you this letter and to warn you of the consequences of additional unexcused absences (see sidebar).

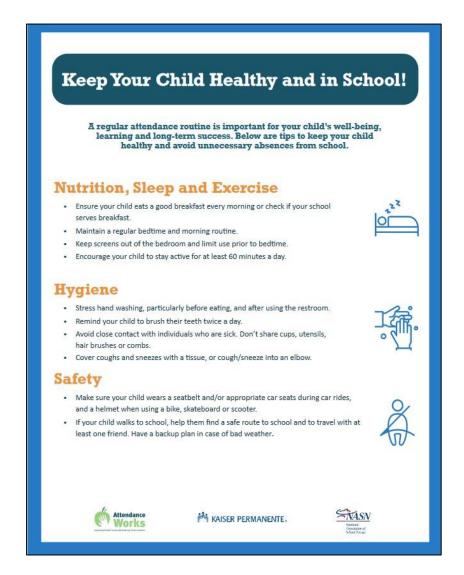
Please remember that every absence matters and just a couple days each month adds up. **You are key** to improving [STUDENT NAME]'s attendance.

Sincerely, Principal X



Writing Truancy Notices That Can Improve Attendance
Using Behavioral Insights to Improve School Administrative Communications: The Case of Truancy Notifications

## **Help Kids Stay Healthy!**





#### Wellness

- · Ensure your child visits their health care provider for:
  - A physical once a year.
  - · All recommended Immunizations, including Flu and COVID-19.
  - Chronic health issues such as asthma or diabetes.
- · Visit the dentist twice a year.
- · Try to schedule non-urgent medical appointments outside of school hours.
- If your child doesn't have health or dental insurance, reach out to your school's nurse or social worker or other staff member to help connect you with resources.
- · Complete your school's annual health form.
- · Agree to allow your child to participate in health and vision screenings offered at school.
- If your child has a chronic health issue such as asthma, make sure that your child's health care
  provider completes appropriate school forms that allow your child to keep/carry any necessary
  medications at school.
- If your child has a disability, work closely with the school and your child's health care provider to
  ensure appropriate supports and services.
- If you are concerned that your child may have a contagious illness (including COVID-19), call your child's health care provider or school nurse for advice.
- If your child needs to stay home for a prolonged period due to illness, talk to your child's teacher
  to find out about resources they can use at home to keep learning once they feel well enough.

#### Engagement

- Make sure your child feels safe and connected at school. Involve them in afterschool activities.
- If you are worried that your child may be suffering from anxiety, talk with your teacher,
  the school nurse, social worker or other school staff to discuss the challenge and identify
  what can help your child. If your child is missing class because of challenges with behavioral
  issues, contact the school and/or your child's health care provider for support and resources.
- Ask the school about health-related policies including about COVID-19.
- Monitor your child's attendance and academic progress and seek support when needed



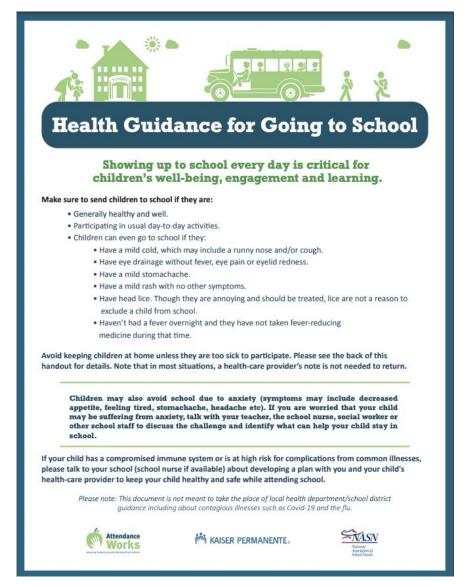




https://www.attendanceworks.org/resources/health-handouts-for-families/



## Health Guidance for Going to School



#### Reasons to keep me home from school and what needs to happen before I can return

What is my symptom?	When should I stay home and when to seek medical care?	When can I return to school?
Fever	I have a fever of 100.4°F (38°C) or higher. Seek medical care if I have fever and any of the following: ear pain, sore throat, rash, stomachache, headache or tooth pain.	If I have not had a fever overnight without the use of fever-reducing medication and I am feeling better.
Vomiting and/or diarrhea	If I have vomited 2 or more times in the last 24 hours. If my stool is watery and I may not make it to the toilet in time. <b>Seek medical care</b> if I have stomach cramping and fever, I have bloody or black stool, or I am showing signs of dehydration (tired and sleepy, dry mouth and not urinating at least once in the last 8 hours).	If I did not vomit overnight and I am able to drink liquids without throwing up. If m diarrhea has improved.
Persistent cough or trouble breathing	Seek medical care if I have a persistent cough, difficulty breathing or trouble catching my breath or if I develop a fever with the cough. These symptoms may be signs of Covid-19 or flu and should be evaluated by a health-care provider.	Once I am feeling better and I have been cleared for return by my health-care provider. If my symptoms were due to asthma, please make sure that I have permission to use breathing medication al school.
Rash	Seek medical care if the rash has blisters, is draining, is painful, looks like bruises and/or if I develop a fever.	Rash has healed or I have been cleared for return by my health-care provider.
Eye irritation	Seek medical care if I have eye swelling, eye pain, trouble seeing or an eye injury.	Once I am feeling better.
Sore throat	Seek medical care if I have drooling, trouble swallowing or a fever and/or rash.	Once I am feeling better. If I was prescribed an antibiotic by my health-care provider, then I can return 12 hours after the first dose, if I am without fever and I am feeling better.









https://www.attendanceworks.org/resources/health-handouts-for-families/

## **Handout about Anxiety**

## Is your child missing school due to anxiety?





Definition of anxiety: feeling of fear and uneasiness about everyday situations.

If your child is suffering from anxiety, you are not alone. The good news is that in most situations, anxiety is normal and temporary. Anxiety becomes a concern if it persists — it can affect relationships with family, peers and teachers, contribute to academic challenges, and lead to school avoidance/refusal. Addressing anxiety is important for a child's overall well-being, not just attendance.

In addition, if your child starts to complain of symptoms like a headache or stomachache, it is important to *quickly determine* whether this is related to anxiety or a physical illness that might require missing school. If the challenge is anxiety, staying home may worsen the situation.

#### What are the symptoms of anxiety?

Persistent anxiety can present in many ways, making it difficult to recognize.

Symptoms may vary depending on the age of the child, and some children may keep worries to themselves or have difficulty explaining their feelings making it hard to identify symptoms. Anxiety symptoms can include, but aren't limited to, the following:

- · Feeling tired, irritable or easily tearful
- Having trouble separating from parents
- Experiencing difficulty sleeping or frequent nightmares
- Having trouble getting out of bed or dressed for school
- Lacking annetite
- Having trouble concentrating, which may lead to difficulty starting tasks, problems with homework and falling behind in school
- · Experiencing physical symptoms, including stomachaches and headaches
- Avoiding activities they previously enjoyed
- . Having negative or continuous thoughts that something bad is going to happen

#### What can families do?

Here are some tips that you can use to help your child get through these challenges, by intervening as quickly as possible, and return to school:

- . Do not punish your child for refusing to go to school, as this can worsen things.
- If possible, avoid letting your child stay home. Though staying home from school may
  provide short-term relief for your child, continued absence from school will lead to the
  feeling of being disconnected from classmates and teachers, cause your child to fall
  behind academically and only make it harder to return.
- Speak with your child. Try to understand what's bothering them and why they are
  avoiding school. If you are feeling a similar anxiety, it may help to share this with your
  child and to explain what you are doing to get through it.
- Make it clear that you are there to help your child and that you believe they can face their fears and get through this problem.

#### Take advantage of school resources.

Working through your child's anxiety issues can be difficult and scary, and you shouldn't have to do it alone. Take advantage of the resources at your child's school:

- Talk with the school nurse, counselor, social worker and/or psychologist to discuss the student's challenges, identify what can help your child and develop a return-to-school plan
- For some students, this may need to happen gradually (one or two classes initially and eventually a full day).
- In certain situations, a 504 plan or Individualized Education Program may be needed to
  ensure your child receives appropriate support and resources.

If symptoms persist or are very severe, your child's anxiety may be due to an underlying behavioral health disorder (i.e., anxiety disorder, panic disorder), an undiagnosed learning disability or the result of a physical or chronic health condition and should be evaluated by your child's medical provider.

Finally, remember to take care of your own physical and emotional well-being!

#### Resources where you can find more information on anxiety and school avoidance

Separation Anxiety in Babies. Toddlers and School-Aged Children: Causes. Signs and What to Do Anxiety and Depression CDC School Avoidance Alliance: School Avoidance 101, School Refusal: When a Child Won't Go to School Parent Anviety Handout – EPIC, The Ultimate Guide to Working With Your School

ww.attendanceworks.org



https://www.attendanceworks.org/resources/health-handouts-for-families/



## Additional Resources from Attendance Works

### **Handouts for Families**

- ✓ Preschool, Elementary & Secondary Grades
- ✓ Available in English, Spanish, Chinese, Vietnamese, Tagalog and Creole <a href="https://www.attendanceworks.org/resources/">https://www.attendanceworks.org/resources/</a> handouts-for-families/



#### Attendance Works

### Help Your Child Succeed in School: Build the Habit of Good Attendance Early

#### DID YOU KNOW?

- Starting in preschool and kindergarten, too many absences can cause children to fall behind in school.
- · Missing 10%, or about 2 days each month over the course of a school year, can make it harder to learn to read.
- · Students can still fall behind if they miss just one or two days every few weeks.
- · Being late to school may lead to poor attendance.
- Absences and tardiness can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Eventually good attendance will be a skill that will help them succeed in high school and college.

#### WHAT YOU CAN DO

- · Set a regular bedtime and morning routine.
- · Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your children to their teachers and classmates before school starts.
   Develop backup plans for getting to school if something comes up.
- Call on a family member, a neighbor, or another parent.

  Avoid medical appointments and extended trips when school is in
- Avoid medical appointments and extended trips when school is it session.
- Keep in mind that complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home. If your child seems anxious about going to school, talk to teachers, school counselors and other parents for advice on how to make your child feel comfortable and excited about learning.
- If your child must stay home due to illness, ask the teacher for resources and ideas to continue learning at home

#### When Do Absences Become a Problem?

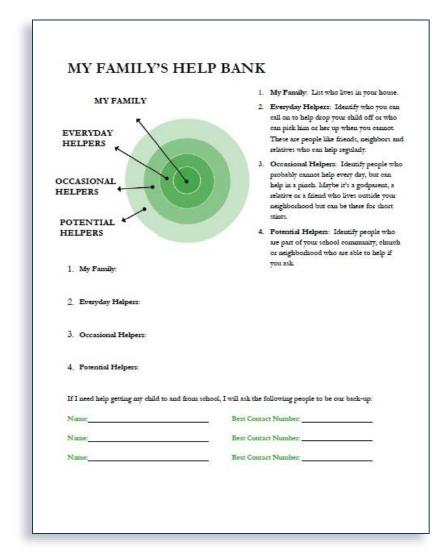


Note: These numbers assume a 180-day school year.

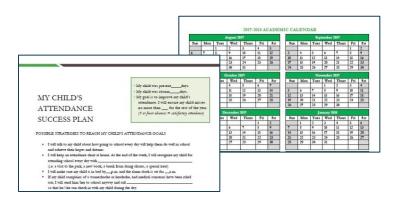
Visit Attendance Works at www.attendanceworks.org for free downloadable resources and tools!



## Encourage All Students and Families to Create a Success Plan



- √ Set attendance goals
- √ Make backup plans
- ✓ Track absences
- √ Recognize success!



http://www.attendanceworks.org/resources/student-attendance-success-plans/

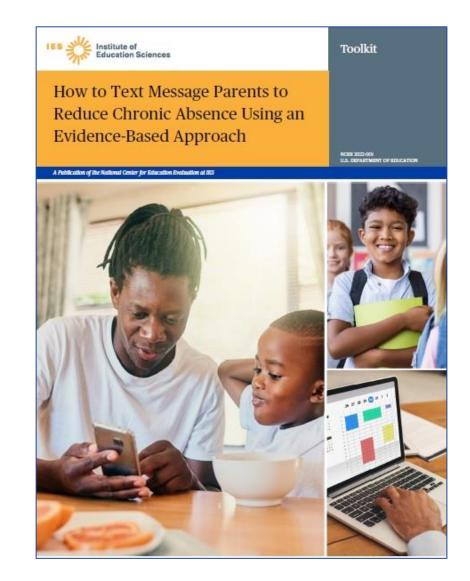


## **Communicating with Families**

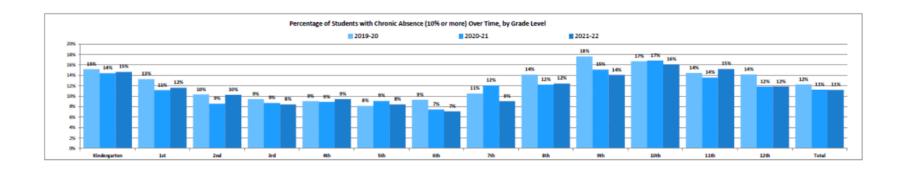
Use these resources to help your communications with families be clear and supportive.

- ★ Letters for Families https://www.attendanceworks.org/resources/welcome-students-to-school/
- ★ Spring Attendance Dips
  https://www.attendanceworks.org/resources/spring-attendance-slump/
- ★ Strengthen Summer Learning
  <a href="https://www.attendanceworks.org/resources/toolkits/showing-up-matters-for-real/using-r-e-a-l-to-strengthen-summer-learning/">https://www.attendanceworks.org/resources/toolkits/showing-up-matters-for-real/using-r-e-a-l-to-strengthen-summer-learning/</a>
- ★ Stay the Course: Winter Messaging

  <a href="https://www.attendanceworks.org/resources/messaging/stay-the-course-a-winter-messaging-toolkit/">https://www.attendanceworks.org/resources/messaging/stay-the-course-a-winter-messaging-toolkit/</a>
- ★ Holiday Messaging https://www.attendanceworks.org/resources/messaging/holiday-messaging/
- ★ How to Text Message Parents to Reduce Chronic Absence Using an Evidence-Based Approach https://ies.ed.gov/ncee/pubs/2022001/pdf/2022001.pdf







## **Data Tracking Tools**

What? Attendance Works District and School Attendance Tracking tools

Why? These tools will help you analyze your local data.

When? Before the new school year begins is an excellent time to examine who was chronically absent last year.

Find it here: <a href="https://www.attendanceworks.org/resources/data-tools/calculating-chronic-absence/">https://www.attendanceworks.org/resources/data-tools/calculating-chronic-absence/</a>



## **Strategies** to Address School & Community Safety

- Developmental relationships with adults, near peers, and peers through mentoring and youth programs, including civic action and service
- Partner with communitybased dispute resolution organizations to create peer resolution program on campus

Positive Conditions			
Physical Safety	Emotional Safety		
Psychological Safety	Identity Safety		
Cultural Respect and Responsiveness			
Low-risk Learning Environment			



## Resources to Address School & Community Safety

#### Safe transit to and from school

• The Walking School Bus: Combining Safety, Fun and the Walk to School

### Implementing a trauma-informed, tiered approach

National Child Traumatic Stress Network

### **Focus on School Safety**

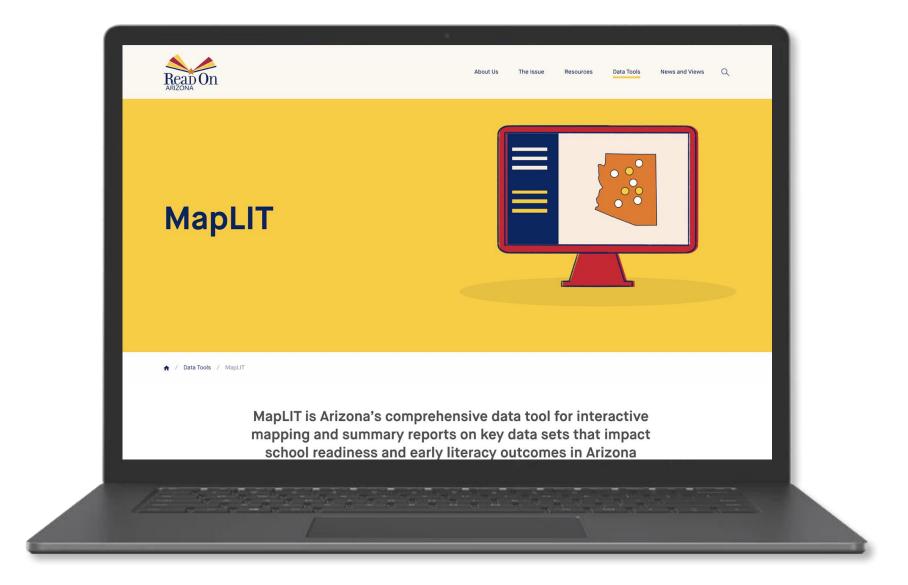
National Association of School Psychologists

#### **Additional resources**

- Making caring common project: Relationship Mapping Strategy
- Collaborative for Academic and Social Emotional Learning (CASEL)
- The SEARCH Institute
- Building Assets, Reducing Risk (BARR)
- National Center on Safe Supportive Learning Environments
- ROCA

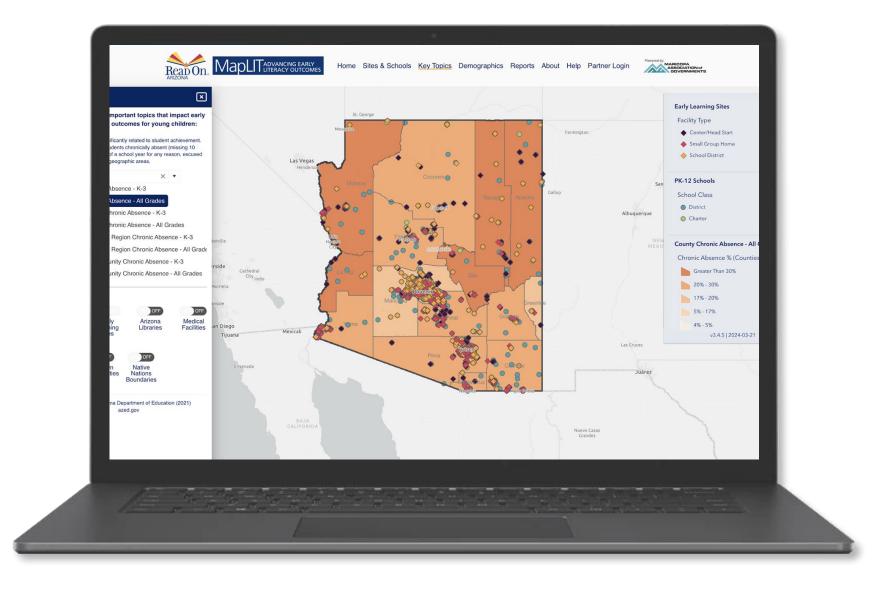






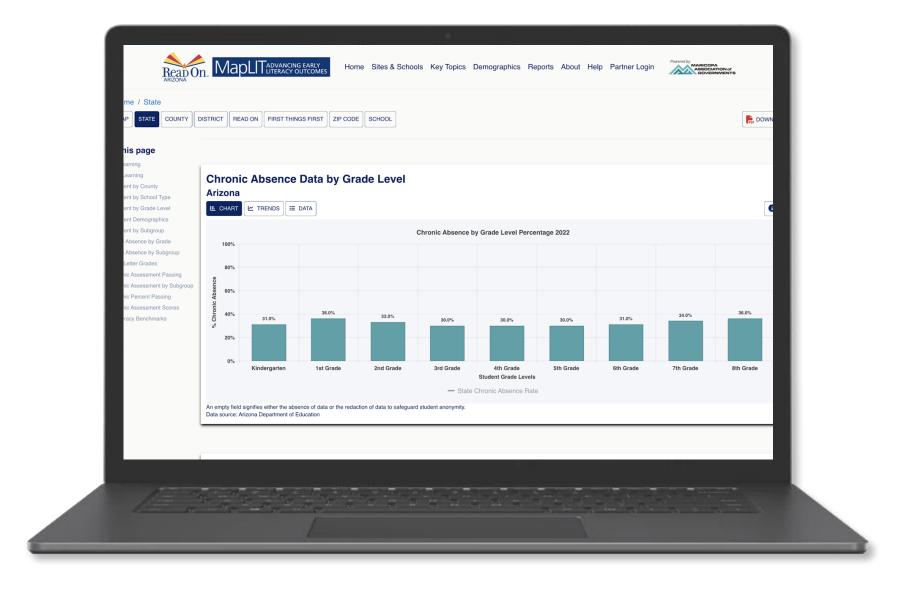
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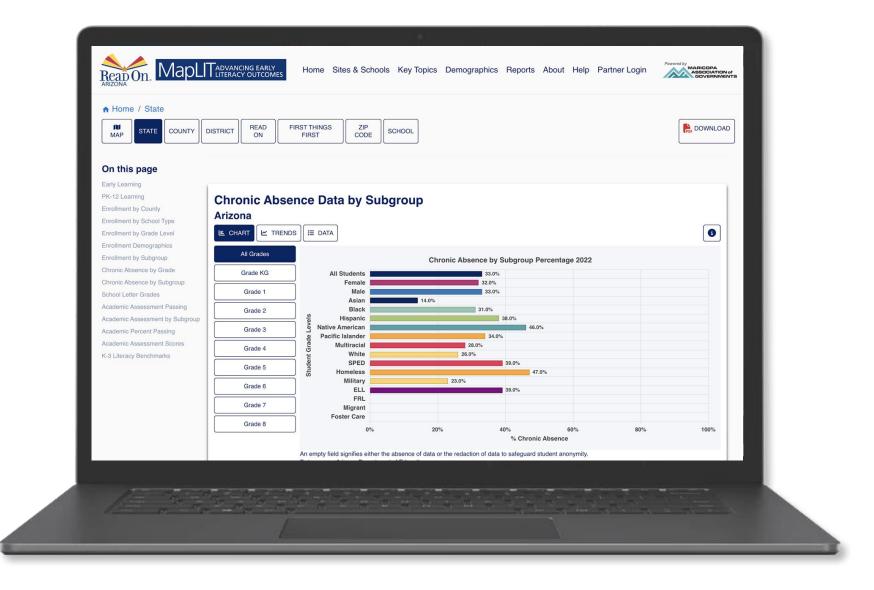
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#### 5 Day Absence Notice

#### Dear Parent/Guardian,

We strive to improve the attendance of our students. Each minute of the school day provides opportunities for learning and when students miss, it is easy to fall behind academically. We must work together collectively to assure your student does not miss any more days of school.

Board policy requires us to notify parents when students reach 5 absences and then again when they reach 9 absences. Since the start of the school year, your student has missed at least 5 days in one or more of their classes. We are concerned that if your student continues to miss school, he/she will struggle to keep up in the classroom. Each minute of the school day provides opportunities for learning and when students miss, it is easy to fall behind academically. Also, if your student is an open enrollment student, excessive absences can put them at risk of being non-renewed for the following school year.

We do appreciate when parents call in and excuse absences for their student. However, it is important to note, that when calculating total absences in a semester, the district and state policies do not make a distinction between the types of absence; It is simply an absence, whether excused or unexcused. It is also important for your student to have all of their absences excused, as it allows them the ability to make up the work they have missed. Unexcused absences may not be given the same consideration. I have attached the Board Policy regarding attendance for your reference.

If you would like to review your student's attendance records, please visit the parent portal or download the app. If you feel there is an error in the attendance record or need help accessing it, please contact the school attendance clerk at

This letter is merely for your information and no action is needed at this time. However, if you have any questions or concerns regarding your student's absences, feel free to contact me and I will be happy to assist you in any way possible.

Respectfully,

## How would you make this letter more partnership focused?

#### Governing Board Policy

#### E-RB

#### REGULATION

#### STUDENT ATTENDANCE

The right and privilege of attending public school carries with it certain responsibilities on the part of parents and students. High school attendance is ultimately the responsibility of the student and his family. It is important that parents and students recognize the direct relationships that exists between academic success and regular school attendance. Students should remain out of school only when absolutely necessary. Much classroom activity cannot be replicated; class discussion and participation is lost forever to those who are absent.

#### Definitions:

- Tardy. A student is tardy when he reports to after the late bell, but prior to one-third (1/3) of the class period expiring.
- Absence. A student who arrives after missing one-third (1/3) plus one
   (1) minute of the class is considered absent.
- Excused absence. An absence is excused if a parent or guardian notifies the school. The reason for the absence must be given.

Some examples of excused absences are:

- Personal illness.
- Doctor or dentist appointment that cannot be made before or after school.
- Serious family illness.
- Death in family or of a close friend.
- Important family business.
- Religious holiday.

- Checking out of school through the nurse or attendance office.
- Unexcused absence. Any absence that is not excused by a parent or quardian.
- School-related absence. If a student misses class due to a preapproved school-related activity, it will not count as an absence.
- Suspension. The days of suspension do not count as absences for attendance policy.

#### District Procedures:

- . All schools will follow the same policy.
- Parents will be notified of accumulated absences, excused and unexcused, in a timely manner by the school.
- Notification of accumulated absences will occur by one of the following methods, phone call, e-mail, or written letter. The school's automated phone call will be made daily on all unexcused absences. Letters will be mailed home after the fifth (5th) and ninth (9th) total absence.
- In order for an absence to be excused, the parents must call the attendance office by the time and day specified by the school.
- Unexcused absences will be distinguished from excused absences. A list will be available daily.
- Tardies will be considered a discipline problem and handled accordingly.
- The eleventh (11th) total absence will result in loss of credit for the
  class, unless there are extenuating circumstances. Extenuating
  circumstances could include, but are not limited to, hospitalization,
  personal/health issues, family issues, college visits, runaways, substance
  abuse rehabilitation, or parental decision. An exemption to this
  regulation will be for students at Compadre High School, who have
  extenuating situations.
- The sixteenth (16th) total absence, excused or unexcused, will result in a loss of credit for the class, unless the student is on a chronic health plan.



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