



Parent-Child Routines That Rock Song!

Use a tune you and your child enjoy to create a song that promotes your getting-ready-for-school routines.

Share ideas with your child about the most important activities that need to happen in the morning to get ready for preschool or kindergarten every day.

Create a Routines That Rock song!

Choose a tune that is familiar and happy.

Create lyrics in the language you use at home.

Think about key routines that make the morning go well.

Make your song and sing to each other!

Here's a sample set to the tune of "The Farmer in the Dell" *

Wake up – brush your teeth!
And put on your clothes!
We are on time for success,
This is how it goes!

We're on the bus by 8!
We're at the school on time!
Good morning and hello friends,
I'm ready to learn today!!

* Sample song created by parents from a Baltimore Head Start program.